

# The Walking Pledge

## I pledge to be a careful walker!

- Stop:** get a good look, don't move until all the cars have stopped and stay on the sidewalk until it is safe to cross
- Look:** left, right, left, behind & left again, up driveways & around corners & make visual contact with stopped cars
- Listen:** For cars and safety vehicles I might not see yet

## I pledge to walk more!

- I will walk all the way to school as much as possible
- If I can't walk all the way to school, I can come closer by car, then walk the rest of the way
- If I am on a bus route, I do my part on school days by riding the bus
- I will find places other than school to walk such as the library, friends' houses, anywhere I can

## I want to walk because:

- Walking will make me healthier and stronger
- Walking is a nice way to start my day
- Walking gives me more time to talk to my parents and my friends
- Walking is good for the environment and saves gas
- Walking teaches me important traffic safety skills

## Even if I am driven to or picked up from school, I will practice good pedestrian safety

- I will get out of the car only on the sidewalk side
- I will watch out for driveways
- I will use crosswalks and crossing guards and never jaywalk
- I will help my parents or caregivers learn and follow the rules**

Signed: \_\_\_\_\_

**Student**

**Parent**